

ENGAGE EMPOWER PREVENT

Primary prevention

ACES

Opioids CDC

Co-occurring disorders

Suicide

Medication non-adherance

SBIRT

Substance Use Disorder Primary prevention

ACES

Opioids

Co-occurring disorders

Medication non-adherance

Suicide

SBIRT



Outline



- **✓** National Leadership Forum
- **✓** Updated DATA from SAMHSA
- Cannabis Changes
- **✓** SBIRT, ACES
- Changes to DFC Program





CADCA NATIONAL LEADERSHIP FORUM

February 3-6; National Harbor, MD

Over 2,300 community preventionists
 from all 50 states in attendance

Day 1- SAMHSA Prevention Day

- Day 3- Capitol Hill Day
- 15-20 options per breakout
- Topics include marijuana,
 vaping, alcohol, suicide





KEY TAKEAWAYS 2018 National Survey on Drug Use and Health (SAMHSA)

- Significant increase (15%) in marijuana use from 2017-2018
- Significant decrease (6.6%) in psychotherapeutic drugs (Xanax, Ativan)
- In 2018, 29.7 percent of 12th grade students (31.3% C/M), 24.7 percent of 10th grade students(19.3%C/M), and 10.9 percent of 8th grade students (1.0% M/C) said they had vaped nicotine in the past year. (past 30 days M/C)
- Only 18 percent of 12th graders (55.4% M/C) thought that using e-cigarettes regularly could harm them physically or in other ways, while 30.3 percent felt that way about regular marijuana use.
- Important to note the risk measurement is slightly different for M/C survey





CANNABIS UPDATES

- More widely available in the U.S. now than ever before (33 states allow medicinal use, 14 states/territories allow recreational use
- Increase in THC content over time has led to higher potency intoxicant
- 10-20% of users will develop substance use disorder (Volkow et al. 2016)
- Still a struggle to receive information about health risks associated with marijuana use
- Lowest perceived risk of any substance by youth and adults
- Significant increase in marijuana use among adults 26+ (16.8m to 18.5m)





SBIRT

- Screening, Brief Intervention, Referral to Treatment
- Typically conducted in medical settings (e.g. primary care offices, emergency departments)
- Preventative health screening, similar to mental health and diabetes screening
- Goal is reduced underage substance use
- Incorporates 2 types of prevention: abstinence and harm reduction
- SBIRT works but who is being screened?
- Barriers in public schools in NJ



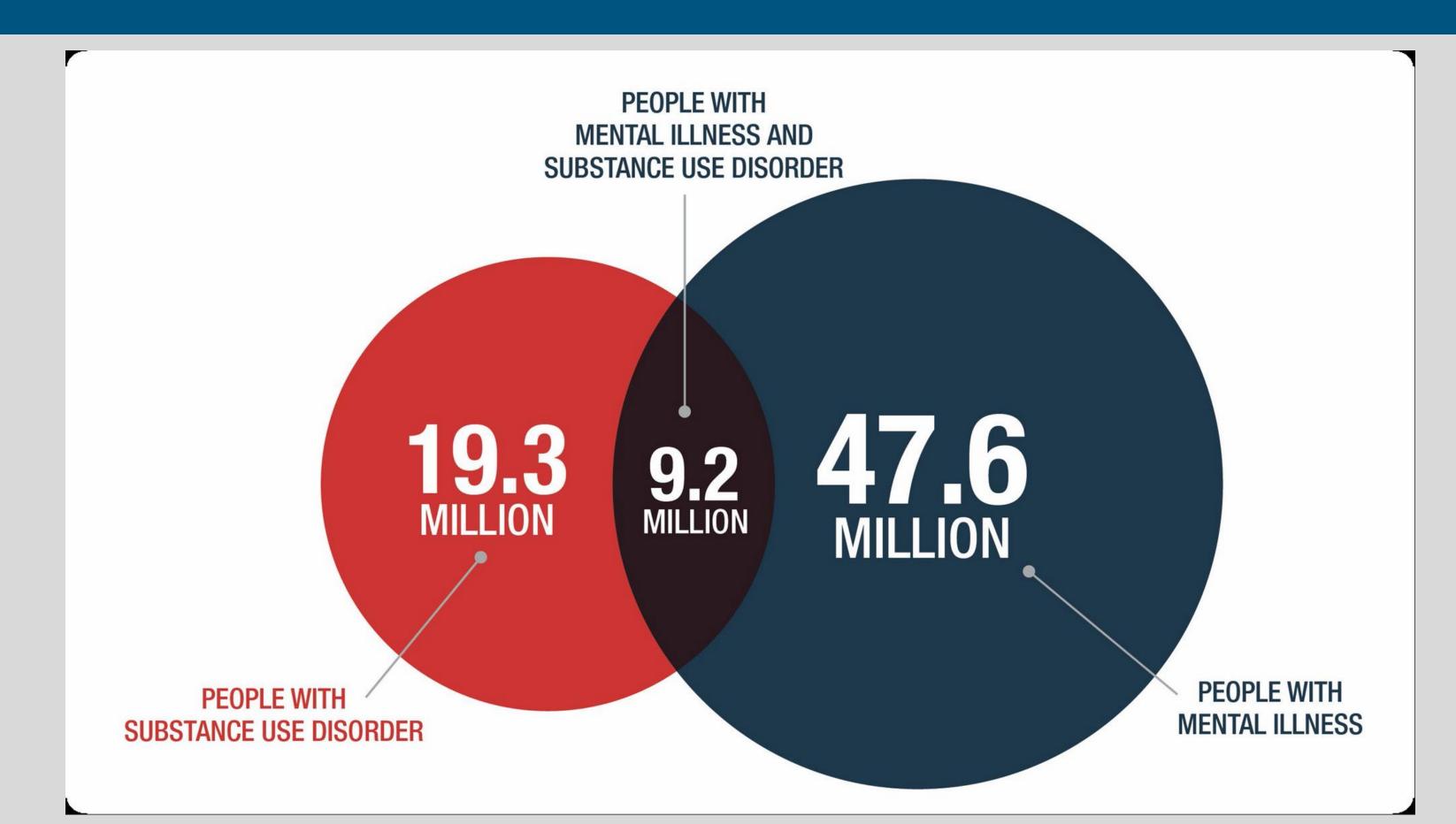


ACES- ADVERSE CHILDHOOD EXPERIENCES

- Stressful or traumatic events including abuse and neglect, domestic violence
- Linked with future violence victimization and perpetration
- Trauma affects brain development/lack of healthy coping skills
- ACEs linked to substance related behaviors such as early initiation of alcohol use, tobacco use suicide attempts
- Data is key in preventing ACEs related substance misuse



Source: SAMHSA. Developed under the Substance Abuse and Mental Health Services Administration's Center for the Application of Prevention Technologies task order. Reference #HHSS283201200024I/HHSS2834200(2013).





CHANGES TO DFC PROGRAM

- Announced on 2/19/20 that the Centers for Disease Control's (CDC)
 National Center for Injury Prevention and Control (NCIPC) is the new federal partner for the DFC program
- Other areas of focus include suicide prevention, opioid overdose prevention
- DFC program will remain with SAMHSA through FY2020
- Notice of Funding Opportunity announced: \$25 million for 200 new coalitions in FY2021
- Funding for the DFC program has increased by \$90 million since the program's inception in 1997

